

What is Quality Health Care?

Quality health care is:

- Health care that works best, based on medical research about what has made you ill and what will make you better.
- Getting care when you need it.
- Getting all the care you need, and not getting care you do not need.
- Safe—it only helps and doesn't harm you.
- Tailored to your individual needs.
- Delivered by professionals who respect you, communicate clearly with you and involve you in decisions about your care.

