

## After Your Doctor's Visit

It is important to think back on your doctor's visit when you return home. Did you ask all of your questions? Did you understand what your doctor told you? Here is a list of items that you should take home from your doctor's appointment:



- Answers to your questions
- Results of tests taken in the office (blood pressure, pulse rate, EKG, etc.)
- Explanation of symptoms and where to get more information
- Instructions for getting test results if needed
- Any health advice given (changes to diet, exercise, drinking, smoking, etc.)
- Clear directions for any prescriptions given