

## Adams County Activities

### **Magic Elm Skateland Roller Skating Rink**

625 W Elm Ave  
Hanover, PA 17331  
(717) 632-1888

### **The Blast Roller Skating Rink**

90 Grumbacher Road  
York, PA 17406  
(717) 767-9177

### **Community Health Improvement**

Offers classes and have step-counters, strength bands, and in-home walking videos available for purchase.  
(717) 337-4264

### **Physical Medicine & Rehab**

Offers exercise classes and consultations, call for schedule and additional information.  
(717) 337-4206

## York County Activities

### **York City Ice Arena**

941 Vander Ave, York  
[www.yorkskate.com](http://www.yorkskate.com)  
(717) 848-1084

### **Colony Park Bowling Lanes East**

3905 E Market St, York  
[www.colonyparklaneseast.com](http://www.colonyparklaneseast.com)  
(717) 755-2946

### **Colony Park Bowling Lanes North**

1900 Pennsylvania Avenue, York  
[www.colonyparklanesnorth.com](http://www.colonyparklanesnorth.com)  
(717) 848-6262

### **Ski Roundtop**

925 Roundtop Road, Lewisberry  
<http://www.skiroundtop.com>  
(717) 4329631

### **Maize Quest Fun Park**

251 East Maple Lawn Road, New Park  
[www.mazefunpark.com](http://www.mazefunpark.com)  
(866) 935-6738  
The largest collection of people-sized mazes in the world! Get lost, Find fun!

### **Shank's Mare**

2092 Long Level Road  
Wrightsville, Pennsylvania 17368  
[shanksmare@comcast.net](mailto:shanksmare@comcast.net)  
(877) 554-5080

Adventure Camp, Day and evening programs, paddling tours, Susquehanna river field trips, hiking tours, Kayak rentals, Kayak instructions

### **"Chair Aerobics" Fitness Class**

This weekly class, taught by a registered therapist, is held from 3:00 to 4:00 p.m. at the Hanover Community Health & Education Center. Tailored for those with pulmonary or cardiac restrictions, this class can also be helpful to individuals in physical rehab stages. For more info, call (717) 633-2159.